



Sample Icebreakers

Introduction Questions

- How many languages do you speak?
- When did you move to Pennsylvania?
- What is your favorite dessert?
- What is your favorite animal?
- How many siblings do you have?
- What is the last movie you saw?
- What is your favorite holiday?

If I Could Have, I Would Have

- Setting Up Icebreaker: Books and movies abound with stories of people seeking different paths in their lives, and almost everyone has wished at some point that they had done so.
- Instructions: Ask each participant to state their name and what path they have been on – personally or professionally – and what path they would have taken if they could start over, if they knew then what they know today

What Do We Have in Common?

- Setting Up Icebreaker: Even the most diverse groups can find something they have in common.
- Instructions: Divide participants into groups of 3-4 people. Ask small groups to come up with 3 things that they all have in common. Ask groups to designate one person who will share the commonalities with the whole group at the end.

Sentence Starters

- Setting Up Icebreaker: Have each person pull a slip from a bowl when they sign in. Ask them to read the sentence starter and complete it while everyone arrives and gets settled.
- Instructions: During introductions, each person should read their completed slip.
- Preparation: Before the participants get together, write sentence starters on slips of paper. Below is a sample list of sentence starters:
 - Although most people don't find...
 - I am...
 - I have never...
 - I love it when...
 - I love to...
 - I think I have the best...



- I would never...
- My idea of beauty is...
- The best thing I ever did for my child is...
- The best way for me to relax is...
- The best way to save...
- The biggest and best...
- The funniest thing that ever happened to me was...
- The greatest thing my child ever did was...
- The lowest...
- The most important decision I ever made in my life was...
- The most unbelievable thing...
- The thing that makes me laugh is...
- There is nothing I enjoy more than...
- When I think of prunes...

String a Story

- An introduction and conversation icebreaker game, this game gets people to tell each other about themselves. You can make this game as short or as long as you wish and use it for any size group. For a large group, you can divide into teams. It also works for any age, from children to senior adults.
- You will need to get a big roll of yarn or string. Color or multi-color string is fun.
- Cut the string in various lengths from 12 to 30 or more inches.
- Bunch it all into one big clump.
- To play, ask a volunteer to pull a piece of string from the clump and slowly wind it around their index finger.
- While they do so, they must introduce themselves and then talk, either about themselves, or you can choose a topic if you wish, until the string is completely wound up.
 - The fun part is that some people get a long string and must keep talking.

M&M Game

- Pass around a bag of M&M's and ask participants to take however much they want.
- Guide participants and have them eat all but three M&M's.
- For each piece of M&M they took, each participant will have to answer a question, depending on the color.
- Have the questions written down on a poster board so everyone can see them:
 - Red: What is your favorite hobby?
 - Green: What brought you here today?
 - Yellow: Share one thing you are thankful for.
 - Orange: What comes to mind when you think of immigration?
 - Brown: Something you learned last week or something you'd like to learn today.

Pennsylvania Immigration and Citizenship Coalition

2100 Arch Street, 4th Floor, Philadelphia, PA 19103 | 305 34th St., Pittsburgh, PA 15201

www.paimmigrant.org



- Blue: Wild Card. Share anything you'd like.

Icebreaker ideas from: <http://icebreakerideas.com/best-icebreaker-games-adults/>